

Working in partnership STAGS, St Albans Plus and DSPL7 would like to invite parents and professionals to.....



The Wellbeing Village

Thursday 18th October 2018 from 2.30pm to 7pm

St Albans Girls' School, Sandridgebury Lane, St Albans, AL3 6DB

The Wellbeing Village is a gathering of professionals dedicated to providing wellbeing and mental health support to children and families. Visitors will be able to meet and talk to accredited specialists from organisations working to support young people's mental health and wellbeing. These include -

CAMHS, Step2, St Albans Plus, Families First, The OLLIE Foundation, The Counselling Foundation, The Children's Wellbeing Team, Specialist Eating Disorders Team, St Albans LGBT, School Health, YC Hertfordshire, Youthtalk, Police, HCC SEN Specialist Advice and Support Service, 0-25 SEND Team, Cruse Bereavement Care Hertfordshire, Missing People, ADD-Vance, Herts Mind Network, Herts Young Homeless, SARC, EP Service, ESMA, Families Feeling Safe, Bounce Forward, Families in Focus, PDA Society, Carers in Herts, Everyone Active and more...

You are welcome to visit anytime between 2.30pm and 7pm and workshops will commence at 4pm, 5pm and 6pm. Access to the village and all workshops is free, and refreshments will be available to purchase.

WORKSHOPS	Just for Dads	Managing Self Harm	Risk taking Behaviour in Young People	Autism and Mental Health	WORKSHOPS
	Eating Disorders	The OLLIE Foundation - Should we talk about suicide?	Essentials - Building Resilience in Young People	Bereavement - Supporting families	
	Transgender Young People	My LGBTQ+ Teen	ADHD in Girls	Emotional Wellbeing Masterclass	
	Schools' Responsibility for Young Carers	Anxiety in Young People	Spot the Signs (Suicide prevention/awareness)	Parents Supporting Children	

For further details about how to book workshops please go to

www.stags.herts.sch.uk or www.vistastalbans.org.uk

